

# **Grandmaster Yoon's Schools Annual Taekwondo Tournament**



**Sunday – April 26, 2020**  
**Eureka Community Center**  
**333 Bald Hill Rd, Eureka MO**

**Registration:** All competitors should pre-register by April 22, 2020 to avoid delays and missing any of the starting events!

**Competition Starts: 9:00 AM**

This is an Invitational Tournament open to Competitors and Spectators from Grandmaster Yoon's and Grandmaster Shin's schools!

**Tournament Events:**

**Sparring – Forms - High Jump - Board Breaking**  
**(Modified USA Taekwondo Rules for competition and equipment)**

**Tournament Fees:**

Please register with the Timbers at: [eureka.recdesk.com](http://eureka.recdesk.com)

**\$30 for Competitors**

**\$2 per board for board breaking (boards will be available for purchase at tournament)**

**Tournament Directors:**

**Dien Nguyen (Eureka), Bob Wheeler/Rick Finley (House Springs), Desiree & Lamont Johnson (South County YMCA)**

**Tournament - Eureka Community Center Directions:**

- Take Highway 44 to the Highway 109 Eureka Exit, Turn onto Hwy 109 going south.
- Turn right at 2nd stop light onto S. Central Ave (After Shell Gas Station).

- Turn left at 1st stop sign onto Dreyer Ave.
- Turn left at street end onto Bald Hill Rd (Go over small bridge).
- Turn right just after bridge on road to Community Center (Before Legion Park sign).
- The Eureka Community Center is at end of road turn-around.

**Sparring Rules:**

- All competitors are required to wear helmets, chest protectors, mouthpiece, shin & instep, and forearm pads. In addition, male competitors are required to wear a groin protector.
- Single elimination rounds will be used for all divisions.
- All competitors will do two 1-minute rounds with 30 second break.
  
- Modified USA Taekwondo rules will be used for all sparring matches.
- **NO head shots will be allowed. This is for safety reasons.**
  
- First place (medal), Second place (medal), and Third place (medal) will be awarded.
- Divisions are listed below (competitors will be moved up or down divisions according to attendance to promote fair competition and opportunity for tournament experience. Parent and instructor approval will be required for such move):

**Beginner (white and yellow, total 9 divisions)**

|                                  |                                |
|----------------------------------|--------------------------------|
| Tiger Cubs (6 yrs and under)     | Boys & girls possible together |
| Mini Tigers (7 – 8 yrs old)      | Boys & girls possible together |
| Small Tigers (9 – 10 yrs old)    | Boys & girls possible together |
| Boys and girls (11 – 13 yrs old) | Boys & girls separate          |
| Young adults (14 – 16 yrs old)   | Boys & girls separate          |
| Adults (17 yrs and older)        | Men & women separate           |

**Intermediate (orange and green, total 9 divisions)**

|                                  |                                |
|----------------------------------|--------------------------------|
| Tiger Cubs (6 yrs and under)     | Boys & girls possible together |
| Mini Tigers (7 – 8 yrs old)      | Boys & girls possible together |
| Small Tigers (9 – 10 yrs old)    | Boys & girls possible together |
| Boys and girls (11 – 13 yrs old) | Boys & girls separate          |
| Young adults (14 – 16 yrs old)   | Boys & girls separate          |
| Adults (17 yrs and older)        | Men & women separate           |

**Advance (blue and all brown/red, total 9 divisions)**

|                                  |                                |
|----------------------------------|--------------------------------|
| Tiger Cubs (6 yrs and under)     | Boys & girls possible together |
| Mini Tigers (7 – 8 yrs old)      | Boys & girls possible together |
| Small Tigers (9 – 10 yrs old)    | Boys & girls possible together |
| Boys and girls (11 – 13 yrs old) | Boys & girls separate          |
| Young adults (14 – 16 yrs old)   | Boys & girls separate          |
| Adults (17 yrs and older)        | Men & women separate           |

**Black Belts (all degrees, total 9 divisions)**

|                                  |                                |
|----------------------------------|--------------------------------|
| Tiger Cubs (6 yrs and under)     | Boys & girls possible together |
| Mini Tigers (7 – 8 yrs old)      | Boys & girls possible together |
| Small Tigers (9 – 10 yrs old)    | Boys & girls possible together |
| Boys and girls (11 – 13 yrs old) | Boys & girls separate          |
| Young adults (14 – 16 yrs old)   | Boys & girls separate          |
| Adults (17 yrs and older)        | Men & women separate           |



**Poomse (Form) Rules:**

- USA Taekwondo rules will apply.
- Competitors will follow the allowed forms listed below:

| <b>Rank</b>               | <b>Poomse</b>            |
|---------------------------|--------------------------|
| White/Yellow              | Taeguk 1 or Palgwe 1     |
| Orange                    | Taeguk 2 or Palgwe 2     |
| Green                     | Taeguk 3,4 or Palgwe 3,4 |
| Blue                      | Taeguk 5 or Palgwe 5     |
| 3 <sup>rd</sup> Brown/Red | Taeguk 6 or Palgwe 6     |
| 2 <sup>nd</sup> Brown/Red | Taeguk 7 or Palgwe 7     |
| 1 <sup>st</sup> Brown/Red | Taeguk 8 or Palgwe 8     |
| 1 <sup>st</sup> Dan       | Koryo                    |
| 2 <sup>nd</sup> Dan       | Keumgang                 |

- Division will be set up as follows:

**Beginner (white and yellow, total 3 divisions)**

|                                  |                       |
|----------------------------------|-----------------------|
| Boys and girls (9 yrs and under) | Boys & girls together |
| Young adults (10 – 16 yrs old)   | Boys & girls together |
| Adults (17 yrs and older)        | Men & women together  |

**Intermediate (orange and green, total 3 divisions)**

|                                  |                       |
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| Young adults (10 – 16 yrs old)   | Boys & girls together |
| Adults (17 yrs and older)        | Men & women together  |

**Advance (blue and all brown/red, total 3 divisions)**

|                                  |                       |
|----------------------------------|-----------------------|
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| Young adults (10 – 16 yrs old)   | Boys & girls together |
| Adults (17 yrs and older)        | Men & women together  |

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| Boys and girls (9 yrs and under) | Boys & girls together |
| Young adults (10 – 16 yrs old)   | Boys & girls together |
| Adults (17 yrs and older)        | Men & women together  |

- First place (medal), Second place (medal), and Third place (medal) will be awarded.

### **Board Breaking Rules:**

- Maximum of 2 breaks allowed
- Competitors will have 2 chances to accomplish breaks
- Judging panel will consist of school head instructors.
- The following diagram provides superiority level of breaking:

#### **Body part used:**

Less superior → more superior  
Hand > Foot > Head > Fingers

#### **Technique used:**

Less superior → more superior  
Standing > Spinning > Jumping > Jumping + Spinning

#### **Breaking type:**

Less superior → more superior  
Held both ends > Suspend > Dropping > Throwing

- First place (medal), second place (ribbon), and third place (ribbon) will be awarded.
- Divisions will be set up as follows:

#### **Beginner (white and yellow, total 3 divisions)**

|                                  |                       |
|----------------------------------|-----------------------|
| Boys and girls (9 yrs and under) | Boys & girls together |
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### **High Jump Rules:**

- Competitors will be eliminated after 2 drops of the bar.
- Bar will start with starting height listed below and increase in 2-inch increments.
- Winner will be the last person left in the division. Person with highest height cleared will have his/her name in the school records.
- Division will be set up as follows:

| <b>Competitor's Height</b> | <b>Division</b> | <b>Starting Height</b> |
|----------------------------|-----------------|------------------------|
| Under 3 ½ ft               | Hoppers         | 1 ft                   |
| 3 ½ ft – 4 ½ ft            | Leapers         | 1 ½ ft                 |
| 4 ½ ft – 5 ½ ft            | Jumpers         | 2 ft                   |
| Over 5 ½ ft                | Flyers          | 2 ½ ft                 |

- First place (medal), second place (ribbon), and third place (ribbon) will be awarded.

Dien's Martial Arts  
Eureka Community Center  
333 Bald Hill Road  
Eureka, Mo. 63025

# Taekwondo Tournament Application

## April 26, 2020

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Rank: \_\_\_\_\_

\_\_\_\_\_ School Instructor: \_\_\_\_\_

Email: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

### Events

Forms: \_\_\_\_\_ High Jump: \_\_\_\_\_ Breaking: \_\_\_\_\_ Sparring: \_\_\_\_\_

### For Breaking

Number of boards: \_\_\_\_\_

Description of break: \_\_\_\_\_

### Release and Waiver of Liability

You, the competitor, parent or legal guardian, warrant, represent and agree that the competitor is in good physical condition and have no disability, impairment, or ailment preventing you from engaging in active and passive exercise that will be detrimental in physical exercise and competition at the Taekwondo tournament sponsored by Dien's Martial Arts located at address listed above. You must advise tournament management or your instructor if your medical condition changes, or if you are injured, or feel sick before, during or after tournament activities.

You, the undersigned, in consideration for admission to Taekwondo tournament sponsored by Dien's Martial Arts hereby agrees to and does absolve of responsibility and hold harmless Mr. Changhee Yoon, Mr. Jaeyoung Yoon, Mr. Dien Nguyen, any consultant, any instructor, or any staff member of Taekwondo tournament against any liability or loss resulting from any legal action by the undersigned based on negligence or cause resulting from, pertaining to, or connected with the operation or running Taekwondo tournament activities.

You, the undersigned, also hereby release the CITY OF EUREKA, together with its directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising from participation in the program/event; and further agree that if, despite this release and waiver of liability agreement I, my family, or anyone on our behalf, makes a claim released in this agreement, my family will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.

During the Taekwondo tournament, competitors may be photographed, imaged, or videotaped by the staff, contractors, parents or other interested parties. Therefore, I give Dien's Martial Arts permission to use photographs or videos of myself for historical, promotions, training materials or other purposes without compensation.

Dien's Martial Arts reserves the right to cancel this agreement, at the sole discretion of the tournament staff or instructors, based on the competitor's conduct and attitude that may bring mental or physical harm to the competitor, other competitors, or the reputation of Dien's Martial Arts.

Competitor/Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature required)